



WILLIAM HARDING SCHOOL  
Aim high... Work hard... Be kind...

**WILLIAM HARDING SCHOOL**  
Hazlehurst Drive, Aylesbury, Bucks. HP21 9TJ

Phone: 01296 421733  
E-mail: [office@whcs.bucks.sch.uk](mailto:office@whcs.bucks.sch.uk)  
Website: [www.williamhardingschool.co.uk](http://www.williamhardingschool.co.uk)  
Head Teacher: Miss T Cotchin BA(Hons) PGCE NPQH

At William Harding Pre-School School we have regard for the new regulations on food labelling introduced from December 2014. The new piece of European legislation is called the Food Information for Consumers Regulation (EU FIC) and will provide allergen information in a clearer and more consistent way. The following is a comprehensive list of the food and food items we use, please see the attached for the list of 14 allergens with examples of food they may be found in published by The Food Standards Agency, for your reference. Please note that we have listed as any food items as possible, but we cannot guarantee that these will be the only food items used and please inform us of any allergies.

## **Manipulative Play**

Play dough

Gloop

Shaving foam

Porridge/cereal

Rice/beans/pasta and lentils

Icing and food colouring

Custard/rice pudding

Jelly

Salt writing

## **Snacks**

Crumpets/toast/croissants/muffins/scones/malt loaf/hot cross buns

Fresh fruit and veg

Dried fruit

Bread sticks/crackers

Cheese

Yoghurts

Margarine/jam

Biscuits

Milk/water/Nesquick

**Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.**





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