

How to...

# Move up to Secondary School

## Course For Young People

Getting ready to move up to Year 7? Not sure what to expect? Our short five week course could help!

### Sessions cover...

- What to expect at secondary school
- Dealing with peer pressure
- Making friends
- Tackling your fears and worries
- Getting organised!



starts week  
beginning  
25 April

### Aylesbury

Wednesdays 5.30-6.30pm  
Berryfields Family Centre  
HP18 0FG

### Amersham

Mondays 6 to 7pm  
Amersham Family Centre  
HP6 6PF

### Buckingham

Wednesdays 5 to 6pm  
Buckingham Youth Centre  
MK18 1AT

### Princes Risborough

Wednesdays 6 to 7pm  
Princes Risborough School  
HP27 0DT

### Online

Mondays  
6 to 7pm  
MS Teams

Book a place by 13 April at:

[earlyhelpduty@buckinghamshire.gov.uk](mailto:earlyhelpduty@buckinghamshire.gov.uk)

For more information please visit

[familyinfo.buckinghamshire.gov.uk/familysupport](http://familyinfo.buckinghamshire.gov.uk/familysupport)