



WILLIAM HARDING SCHOOL

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Re: Tips for Parents/Carers – preparing your child to return to school

Even though we've been through it before, the return to school after a prolonged coronavirus lockdown is still a strange and challenging situation. Below are some resources to help the children navigate the transition back into school, you may be able to find time over the weekend to encourage your child to fill out a worksheet to explore their feelings and talk about returning to school.

[Going back to school worksheet - Partnership for Children](#)

Pupils can fill out this worksheet to explore the things they may be worried about when going back to school, and ways to calm those worries

[Loss and bereavement advice - MindEd](#)

Some children may have experienced bereavement in the time they have been away from school, and there has been a sense of loss for many. This webpage includes lots of useful advice for schools on how to support children during this time.

[Reflecting on lockdown activity](#)

Some children may find the transition back to school difficult after lockdown. It may be useful in the first few weeks of school to reflect on the lockdown period. This resource helps children think about what they have experienced and cope with the changes that have occurred.

As always, if you or your child is struggling, please phone call/email via the school office to our pastoral team, also please look at our website at the many links that we're constantly updating.

Yours faithfully,

Mrs Pacelli

School counsellor

Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.

