

**Family
Support
Service**

Wellbeing matters

For 7 to 11 year olds

A two-day workshop during the May half-term for primary-aged young people.

Topics will include your wellbeing, emotions, self-esteem, resilience, and relationships with others.



email to sign up:

earlyhelpduty@buckinghamshire.gov.uk



**Tuesday and
Wednesday**
12:30noon to 4:30pm



**30 and 31
May 2023**



**Wing Family
Centre**

For more information please visit
familyinfo.buckinghamshire.gov.uk/familysupport



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