



Health & Wellbeing Open Day!

**Saturday 18th May
10am to 2.30pm**

Quarrendon Adult
Learning Centre
Holman Street
Aylesbury, HP19 9LJ

 Free Refreshments

 Art for Wellbeing

 Be Healthy Bucks Lifestyle

 Kids Crafts

 First Aid

 Tai Chi

 Helping Hands

**Free Entry -
Everyone welcome!**

