



WILLIAM HARDING SCHOOL
Aim high... Work hard... Be kind...

FLO Focus

Meet The Team



*The Flo Team: From left to right
Miss Moffatt, Mrs Locke, Mrs Skinner, Miss White, Mrs Bone*

What can we help with?

Our role is to work in partnership to ensure children have the best possible chance to make full use of the educational opportunities in school. We can offer support on a range of issues which might affect you or your children and can also signpost parents to services outside of the school which may be able to help.

We can offer a listening ear and if you have concerns that need to be addressed, we can make sure that any information is shared and dealt with confidentially for the benefit of your child.

We can offer advice and support with; behaviour difficulties, school refusal, bereavement, advice during financial difficulties, advice on housing, anxieties, worries, mental health, safeguarding and so much more



How to contact us.

To contact a family liaison officer, you can

Call the office on 01296 421733

Or email

safeguarding@williamharding.school

Stuck for things to do this half term?

Visit

<https://directory.familyinfo.buckinghamshire.gov.uk/?categories=holiday-activities&collection=things-to-do>
for activities on during the school holidays.



Zones of Regulation

We have a system in school, which you can also use at home, to help start a conversation if your child is unable to say how they are feeling. These are called Zones of Regulation. The Blue zone is for feeling sick, sad, tired, bored or moving slowly. The Green zone is happy, calm, good to go, focused and ready to learn. The Yellow zone is frustrated, worried, silly/wiggly, anxious and excited. The Red zone is mad/angry, mean, yelling/hitting, out of control and I need time and space. Your children are familiar with these symbols and they can help to you both understand how your child is feeling and speak about why they are feeling that way and look at solutions to change their feelings to more positive ones. There is further information on this in the Wellbeing newsletter.

Zones of Regulation			
Blue	Green	Yellow	Red
			
Bored Lonely Sad Tired Unwell	Calm Content Focused Happy Ready to learn	Anxious Confused Excited Frustrated Worried	Angry Aggressive Terrified I need time and space